

Pharmacy Contraception Service (PCS)

Webinar for Pharmacies on the national advanced service 23rd April and on-demand

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We will be covering:

- Introduction & New Contract changes to the Contraception Service
- Sign Up & Equipment
- Provision, Inclusions & Exclusions
- Initiation & Choice of Oral Contraceptive
- Practice Hints & Tips
- Promoting the Service
- Claiming Payment!
- Useful Resources
- Questions & Discussion

Changes to the Service to be Introduced During 2025-26

"Suitably trained and competent Pharmacy Technicians will also be able to provide the service" - this <u>requires changes to service specification -timing tbc</u>.

Currently skill mix use limited to BP/BMI measurement by suitably trained staff.

From 1st April - fees increased from £18 to £25 (initiation and repeat).

From 1st June 2025- "Service Bundling" contractors need to be *Registered to provide PCS AND HCFS* to qualify for monthly Pharmacy First payment(s) (and reach thresholds of activity).

From October 2025 - EHC to be added to the service (subject to IT developments) at £20 per consultation.

From March 2026 - "Service Bundling" to include a specified number per month of PCS (incl. EHC t.b.c.) to qualify for Pharmacy First monthly payment(s) (and to reach threshold activity).

Delivering the service

Ashwin Bhatt, Rainbow Pharmacy, Ipswich and Jane Wickham, Kelling Pharmacy, Holt

How to sign up to the service

- Complete training as stipulated in Service Specification -https://www.england.nhs.uk/long-read/nhs-pharmacy-contraception-service/
- This includes level 3 safeguarding or direct access to someone who has completed L3 safeguarding
- Complete notice of intention to provide service via MYS
- This information is pulled from MYS to your chosen system provider once this happens you should then be able to access the service forms.

Equipment Needed

- Blood Pressure Monitor must be one on the approved list from the British and Irish Hypertension Society (BIHsoc), as recommended by NICE most pharmacies already have as part of Hypertension Service.
- A way of measuring BMI -scales & a wall mounted measuring tape or in store BMI monitor. NB- age appropriate calculator.
- Consultation Room for F2F consultations
- Where consultations take place remotely the ability to communicate confidentially with the person receiving the service by telephone or another live audio link or a live video link.
- SOP The Pharmacy must have a standard operating procedure in place covering the provision of the service.
- ➤ The SOP must include the process for escalation of issues identified, signposting details, equipment maintenance and validation, and staff training.

Providing this service in your pharmacy



Innovation

Skill mix,
Delegation,
Marketing Campaigns,



Quality

Training,

Evidence-based medicine (resources),

Clinical Competence,



Consistency

Staffing provision,

Clinical Preparedness

Reading clinical documents for example PDGs,

CPPE/LPC training sessions,

Familiarising yourself with formularies locally to ensure correct supply of pills,

Ensuring the pharmacy team are able to deal with queries,

Promotion with local health providers for example GPs and Sexual health clinics,

Provision of the Service

- Contractor must offer both initiation & ongoing supply of Oral Contraceptives (OC)
- 'Suitably trained' Pharmacy Support Staff can take patient measurements to save Pharmacist time
- Supply of OC via PGD can only be carried out by Pharmacist
- Patients can supply their own BP readings/BMI useful in cases of white coat HT, but you must be satisfied
 that they are current and have been taken appropriately.

Inclusion Criteria

To be eligible to access this service a person must:

- •Be an individual seeking to be initiated on an OC, or seeking to obtain a further supply of their ongoing OC:
 - Combined Oral Contraceptive (COC) from menarche up to and including 49 years of age; or
 - Progestogen Only Pill (POP) from menarche up to and including 54 years of age.

Exclusion Criteria

A person will not be eligible for this service if:

- •They are considered clinically unsuitable, or are excluded for supply of OC according to the PGD protocols, including, but not limited to:
 - Individuals under 16 years of age and assessed as not competent using Fraser Guidelines
 - Individuals 16 years of age and over and assessed as lacking capacity to consent

Consider giving information ahead of time:





Contraception choices





Brook

Contraception Choices

Brook - Contraception Guide
- the methods and how to get them

POP vs COC



What's important to you?

Brook, and the Contraceptive Choices website all have resources to help people to decide which method of contraception is best for them.

Best contraception for me: Brook Quiz

What's Right for Me? | Contraception Choices

FSRH UK Medical eligibility criteria for contraceptive use

• The PGDs list exclusion criteria and cautions – for further information see: FSRH *UK Medical eligibility criteria for contraceptive use.*



Formulary links

Suffolk & North East Essex

We do not currently have an explicit formulary for 'contraception' in SNEE and although this is being considered, we are not likely to have this in place before the webinar. There are some contraceptives that have 'restricted' or nonformulary status within our local formulary (rarely used, for initiation by specialists only, etc) so it should still be referenced:

• SNEE ICB <u>Formulary</u>

Norfolk & Waveney

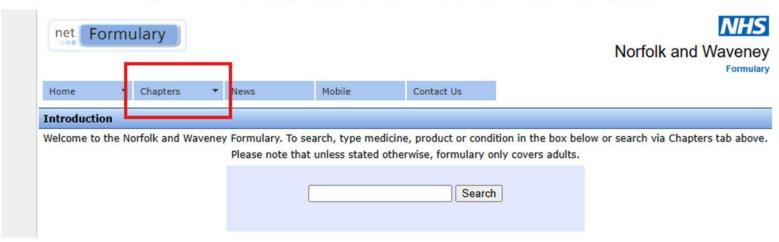
 Norfolk and Waveney ICB <u>Norfolk and</u> <u>Waveney Formulary</u>

Initiation of OC

- If deemed suitable and patient consents to initiation of chosen OC:
 - A THREE month supply should be given and patient invited back for further consultation towards the end of this period to assess suitability.
 - If no issues after this time (BP & BMI retaken for COC) patient can be issued with TWELVE month supply
 - If there have been issues/ intolerable side effects then a switch can be made to a different OC/brand this is still initiation so only THREE months to be supplied.

Choice of OC

- Use local formulary to choose most cost effective OC
- Norfolk and Waveney Formulary https://www.norfolkandwaveneyformulary.nhs.uk/

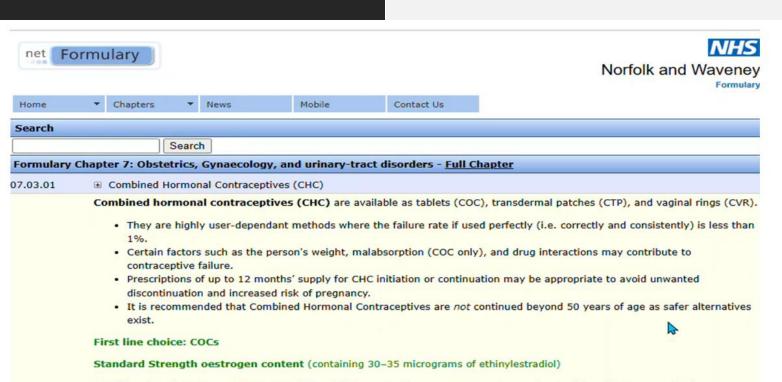


1 Gastro-intestinal system 2 Cardiovascular system 3 Respiratory system 5 Infections 6 Endocrine system 7 Obstetrics, Gynaecology, and urinary-tract disorders 8 Malignant disease and immunosuppression - TAG Drugs 9 Nutrition and blood 11 Eye 13 Skin - IN PROGRESS

16 Miscellaneous - to move back to relevant sections once live

24 Opioid Deprescribing Project

	07.02.02	Fungal intections (2,5)
	07.02.02	Other vaginal infections (2,3)
	07.03	Contraceptives (0,0)
ı	07.03.01	Combined Hormonal Contraceptives (CHC) (11,16)
ı	07.03.02	Progestogen-only contraceptives (0,4)
ı	07.03.02.01	Oral progestogen-only contraceptives (3,1)
•	07.03.02.02	Parenteral progestogen-only contraceptives (3,2)
	07.03.02.03	Intra-uterine progestogen-only contraceptive (5,0)
	07.03.03	Spermicidal contraceptives (0,3)
	07.03.04	Contraceptive devices (0,0)
	07.03.04	Intra-uterine devices (2,17)
	07.03.04	Other contraceptive devices (0,0)
	07.03.05	Emergency Contraception (0,0)
	07.03.05	Hormonal methods (2,0)
	07.03.05	Intra-uterine device (0,0)



Combined Oral Contraceptives containing third generation progesterones may be considered for women who have experienced side effects including:

- acne
- · headache,
- depression
- · breast symptoms
- breakthrough bleeding

However their use may be associated with higher risk of venous thromboembolism.

Low Strength (containing 20 micrograms of ethinylestradiol):

Low strength oestrogen content products may be appropriate for women with risk factors for circulatory disease

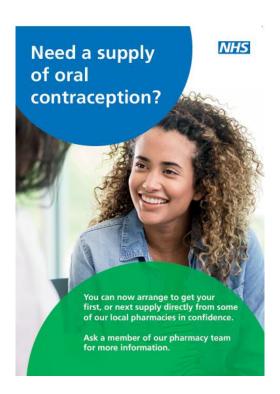
CKS topic: Contraception - combined hormonal methods

Service Promotion

- Easiest way to promote is by having conversations at the counter when handing out prescriptions that contain an
 OC
 - "I've noticed that this is your last repeat for this medication (the OC), would you like our pharmacist to conduct your review now/book you a convenient appointment here to save you having to go to the surgery"
 - Or "Just to let you know, our Pharmacist can conduct the review on this medication when you run out of repeats if that's more convenient for you"
- You could also put flyers inside the prescription bags advertising the service
- Visit CPE website for downloadable posters/digital promotion material
- Don't forget to update your Services page of your NHS profile via NHS profile manager

Pharmacy Contraception Service
- Community Pharmacy England





Claiming Payment

- PO feeds the data back to MYS so can be claimed as part of your End of Month processes, you must submit claims
 within 3 months of service provision to be paid.
- You cannot claim payment for a HT service consultation if the BP monitoring was part of the OC service, however –
 if you identify someone with a high BP you can claim for an ABPM service fee if one is fitted to monitor for supply.
- You still get paid for the consultation even if supply if OC is not suitable or patient doesn't require any currently –
 must just document why not supplied.
- Under new contract, the fee paid for initiation & ongoing supply is £25 + cost of medicines supplied (it was £18)

If you have chosen a different system supplier please refer to their support guides to ensure data is transferred correctly to MYS.

Local Services & Signposting



Suffolk Sexual Health Service

Suffolk Sexual Health Service

- Provide CIC

Testing and Treatment of STIs

If you're concerned you may have our discreet clinics

Sexual Health Advice & Support

Our Services

Pregnancy Tests

HIV PEP & PrEP

If you think you have or may be exposed to HIV, we can help you access PEP and PrEP to reduce the risk of infection

Contraception

eC-Card Scheme

Breydon Clinic, Great Yarmouth

Oak Street, Norwich

Vancouver House, King's Lynn

Condoms by post Norfolk Residents only

Chlamydia Screening

__ 13 - 24 years C-Card (condom sites) Norfolk residents only



Express Test -Home STI Kit

A free, confidential and easy way to test for STIs without coming into clinic.

iCaSH Norfolk -

Cambridgeshire Community Services NHS Trust



Local Pharmacy Services



Suffolk Local Sexual Health Service Offer:

Emergency Contraception

CPNS Website: Suffolk Sexual Health

E C Card via app

Working on opening a pathway for Chlamydia Screening and Treatment.

Norfolk Local Sexual Health Service Offer:

Emergency Contraception

CPNS Website: Norfolk Sexual Health

C Card

Chlamydia screening

Chlamydia treatment



Other Useful resources •

Contraception consultation tools

- Brook
- Contraception Choices
- NHS Website Contraception

Safeguarding

NHS Safeguarding Guide – App available in Apple,

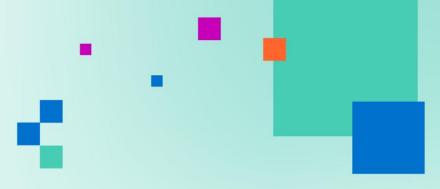
Google, and Android mobile stores.

Suffolk Multi-Agency Safeguarding Hub (MASH) - Suffolk County Council

Norfolk Multi-agency safeguarding hub (MASH) - Norfolk County Council







What are your biggest challenges in offering Contraception?

Questions & Answers

Do you have any of your own experiences you would like to share?



Are you making best use of your team?





Thank You for Joining us

Think of something later? info@cpns.org.uk